

KLAFS and the art of relaxation: outdoor saunas as an aesthetic garden highlight



Wellness right on your doorstep: outdoor saunas bring relaxation, health and closeness to nature into your own garden - for pure relaxation in everyday life.

‘Why go far afield when good things are so close at hand?’ Goethe already knew this. And even today, more and more people are discovering relaxation right on their own doorstep instead of travelling at great expense. The long holiday once a year is increasingly being replaced by the desire for regular moments of relaxation in everyday life. Outdoor saunas offer just that - a personal wellness retreat in the garden or on the patio that combines classic saunas with a longing for nature and brings wellness into the home. They are more in demand than ever. KLAFS - the world market leader for saunas, wellness and spas - is also aware of the increasing demand for customised sauna solutions for outdoor areas and knows what is important.

Wellness in the middle of nature

Taking a sauna in the open air has something quite primordial about it and is deeply rooted in many cultures. Especially in Russia, Scandinavia and other Nordic regions such as Iceland or the Faroe Islands, this ritual of outdoor perspiration is part of everyday life - and more and more people in this country are also opting for this form of relaxation. A key attraction of the outdoor sauna is its harmonious integration into the landscape: it becomes part of the garden and strengthens the connection to nature.

Especially in times when slowing down and self-care are becoming increasingly important, a sauna in the countryside is a valuable source of peace and regeneration.



Sauna enjoyment without compromise: Thanks to first-class materials and optional 3-pane insulating glazing, the TARAS offers maximum comfort – in anyweather.

Regular saunas - a plus for health and well-being

It is well known that regular saunas are good for your health: It strengthens the immune system, stimulates blood circulation and helps to reduce the stress of everyday life. It also contributes to general heat and cold tolerance and stabilises the circulation - an effect that is beneficial all year round. However, taking a sauna in the garden has very special benefits: 'The fresh, cool air that you breathe in when you step out of the sauna into the open air has a revitalising effect, supports the regeneration of the body and increases general well-being,' explains an expert from KLAFS. 'The feeling of strolling barefoot over the soft grass in the garden while listening to the birdsong also enhances the soothing effect and makes it possible to experience the holiday feeling right at home.'

The outdoor sauna as a design highlight

But it's not just the health benefits that make outdoor saunas so attractive - their design effect also contributes significantly to the feel-good atmosphere. 'The modern outdoor saunas from KLAFS can be perfectly integrated into any garden concept and blend harmoniously into the surroundings,' emphasises the market leader from Schwäbisch Hall. The sauna cabins also boast innovative technologies that guarantee optimum thermal insulation and short heat-up times. 'Thanks to high-quality materials, we ensure a long service life, even in changing weather conditions - for lasting relaxation and an enhanced quality of living in your own garden.'

TARAS: adaptable and stylish highlight in the garden

KLAFS has expanded its range of outdoor saunas to create the perfect retreat for rest and relaxation in an uncomplicated yet stylish way. The TARAS outdoor sauna combines modern design with excellent functionality and is not only a visual highlight in the garden, but also particularly durable and resistant.

It can be flexibly customised with a variety of exterior and interior cladding options as well as different floor plan variants. The slimline roof structure rounds off the overall look with timeless elegance. The highly insulated timber construction elements ensure that the heat remains evenly distributed in the room, allowing it to heat up quickly. 'In addition, the first-class thermal insulation and the optional 3-pane insulating glazing guarantee a pleasant climate and prevent heat loss,' explains the expert. 'The weather-resistant materials of the external panelling also ensure that the TARAS can withstand all weather conditions without losing any of its beauty.' Another advantage: 'As the TARAS is completely prefabricated, it can be set up within a day - making it easy and convenient to create your own sauna room!'



Timeless, functional, weather-resistant: With its modern design and innovative thermal insulation, the TARAS fits perfectly into any garden concept.

TALO: the modular outdoor sauna

The TALO outdoor sauna also leaves nothing to be desired: 'Thanks to its modular production, the TALO can be customised to the owner's individual needs and combines the natural flair of the original sauna with an elegant ambience. It opens up a new dimension of the sauna experience.'



Maximum design freedom: With variable floor plans, panoramic windows and high-quality materials, the TALO turns every sauna bath into an experience in the middle of nature.

With a variety of floor plans and attractive extras, KLAFS offers maximum design

freedom. Whether an anteroom with panoramic windows, a covered terrace or sauna enjoyment on just a few square metres - TALO is the perfect choice for sauna enthusiasts who appreciate spending time in nature. The glass elements convey the feeling of being right in the centre of your own green oasis. Weather-resistant exterior panelling made of high-quality materials complements the stylish look and ensures years of sauna enjoyment. TALO's excellent thermal insulation prevents heat loss and optimises the heating time - whatever the outside temperature.



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About KLAFS:

KLAFS has been creating places of relaxation for body and soul since 1928. Time and again, the company manages to surprise with groundbreaking innovations – such as the space-saving sauna KLAFS S1, which transforms from the size of a wall cabinet to a fully functional sauna within 20 seconds at the push of a button. Thanks to this innovative strength, KLAFS advanced from what was once a small family business to a global industry leader. Today, more than 800 employees work to meet - and exceed - the ever-increasing demands of customers. From small private sauna rooms to luxurious hotel spas. And they do this all over the world, with expert advice from carefully trained technical consultants and on-site service from experienced teams. As a trendsetter in the sauna, pool and spa industry, KLAFS continuously invests in research and development, for example to further increase the energy efficiency of its products.